



# JANUARY MENDHAM TOWNSHIP MIDDLE SCHOOL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<sup>1</sup> <b>NEW YEAR'S DAY SCHOOL CLOSED</b>	<sup>2</sup> Baked Macaroni & Cheese OR Bowtie Pasta with Marinara & Meatballs	<sup>3</sup> Cheese Steak Sandwich OR Chicken Nuggets	<sup>4</sup> Belgium Waffles with Hash Browns & Sausage OR Egg & Cheese Sandwich	<sup>5</sup> Dante's Pizza OR Blueberry Yogurt Parfait
<sup>8</sup> Pizza Crunchers w/ Marinara Sauce OR Popcorn Chicken	<sup>9</sup> Nacho Grande w/ Beef, Cheddar Cheese, Sour Cream & Salsa OR Strawberry Yogurt Parfait	<sup>10</sup> Homemade Baked Ziti w/ Garlic Bread OR Grilled Veggie Wrap	<sup>11</sup> Vegetable Dumplings w/ Fried Rice OR All White Meat Chicken Tenders	<sup>12</sup> Dante's Pizza OR Garden Salad w/ Cheese
<sup>15</sup> <b>MARTIN LUTHER KING JR. DAY SCHOOL CLOSED</b>	<sup>16</sup> Stuffed Crust Pizza w/ Marinara Dipping Sauce OR All White Meat Chicken Tenders	<sup>17</sup> Empanadas with Sour Cream & Salsa OR Penne Pasta with Marinara Sauce	<sup>18</sup> French Toast Sticks w/ Syrup & Tater Tots OR Chicken Nuggets	<sup>19</sup> Dante's Pizza OR Grilled Chicken Caesar Salad <b>Locally Grown Cameo Apples</b>
<sup>22</sup> Pancakes w/ Hash Browns OR Popcorn Chicken	<sup>23</sup> Mozzarella Sticks w/ Marinara Sauce OR Grilled Veggie & Cheese Wrap	<sup>24</sup> General Tso Chicken with Fried Rice and a Fortune Cookie OR Chicken Bites	<sup>25</sup> Baked Ravioli with Marinara Sauce & Garlic Bread OR Three Cheese Cavatappi	<sup>26</sup> Dante's Pizza OR Strawberry Yogurt Parfait
<sup>29</sup> Double Cheese Steak Hero with Baked French Fries OR Blueberry Yogurt Parfait	<sup>30</sup> Baked Macaroni & Cheese OR French Bread Pizza	<sup>31</sup> Waffle Sticks with Tater Tots & Bacon OR Chicken Bacon Wrap <b>Locally Grown Mixed Carrots</b>		 <b>Locally Grown Mixed Carrots</b>

## Also Available Daily

### Chef Daily Special

Assorted Salad Platters

Garden, Chicken Caesar, Chef,

Assorted Boar's Head Sandwiches

Italian Hero, Turkey, Ham

### Chicken Selection (Patty or Nuggets)

### Grilled Cheese

### Burgers

**FOOD  
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).



### A Complete Lunch Includes:

Entrée (with Protein/Grain)

**Fresh Seasonal Fruits & Vegetables from The Farm Stand**

Choice of Hormone-Free Milk, or Water

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

