



OCTOBER MENDHAM TOWNSHIP 2018 Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none"> Mozzarella Sticks w/ Marinara Sauce All White Meat Chicken Tenders 	2 <ul style="list-style-type: none"> Taco Tuesday: Tacos w/ Seasoned Turkey Meat & Cheese, Lettuce, & Salsa Potato & Cheese Pierogies w/ Sour Cream 	3 <ul style="list-style-type: none"> All-Beef Hot Dog on a Wheat Bun All White Meat Chicken Nuggets w/ Dipping Sauce Baked Beans 	4 <ul style="list-style-type: none"> Whole Grain Pancakes w/ Turkey Bacon All-White Meat Chicken Fillet Sandwich Baked Potato Smiles 	5 <ul style="list-style-type: none"> Dante's Pizza Homemade Yogurt Parfait
8 COLUMBUS DAY SCHOOL CLOSED	9 <ul style="list-style-type: none"> 100% All-Beef Burger on a Whole Wheat Bun Penne w/ Marinara Sauce & a Dinner Roll 	10 <ul style="list-style-type: none"> Pizza Quesadilla w/ Salsa Homemade French Toast w/ Turkey Bacon Hash Browns 	11 <ul style="list-style-type: none"> Baked Ravioli w/ Marinara Sauce Boar's Head Turkey & Cheese Wrap 	12 <ul style="list-style-type: none"> Dante's Pizza Caprese Sandwich: Mozzarella Cheese, Tomato & Basil on Italian Bread
15 <ul style="list-style-type: none"> Nachos Grande w/ Turkey Taco Meat, Cheese, Salsa & Sour Cream Homemade Chicken Caesar Salad Wrap 	16 <ul style="list-style-type: none"> Baked Stuffed Shells w/ Marinara Sauce All-White Meat Chicken Fillet Sandwich 	17 <ul style="list-style-type: none"> Whole Grain Popcorn Chicken Bites w/ Dipping Sauce Waffle Squares w/ Tater Tots & Applesauce 	18 <ul style="list-style-type: none"> Grilled Cheese on Wheat Bread All White Meat Chicken Fillet Sandwich 	19 <ul style="list-style-type: none"> Dante's Pizza Garden Salad
National School Lunch Week				
22 <ul style="list-style-type: none"> Turkey Burger on a Whole Wheat Bun Chicken Nuggets Curly Fries 	23 <ul style="list-style-type: none"> Whole Grain Pancakes w/ a Sausage Patty Cheese Quesadilla w/ Salsa Tater Tots 	24 <ul style="list-style-type: none"> Penne w/ Marinara & Parmesan Cheese Hot Dog on a Whole Wheat Bun 	25 <ul style="list-style-type: none"> Sampler Platter – Mozzarella Sticks & Chicken Wings Assorted Wraps 	26 <ul style="list-style-type: none"> Dante's Pizza Homemade Yogurt Parfait
29 <ul style="list-style-type: none"> Homemade Baked Macaroni & Cheese All-White Meat Chicken Fillet Sandwich 	30 <ul style="list-style-type: none"> Meatballs & Marinara Sauce on Italian Bread French Toast Sticks w/ Turkey Bacon & Hash Brown 	31 <ul style="list-style-type: none"> Cheeseburger Sliders w/ Baked Fries Chicken Parmesan Panini 	  <p>Locally Grown Apples</p> <p>Broccoli Crowns</p>	

AVAILABLE DAILY

- Assorted Fresh Boar's Head Sandwiches and Wraps
- Bagel Lunch: Bagel (with or without Cream Cheese), Cheese Cubes, Pure Fruit Juice, and Fruit
- Chef's Bowl: Garden Salad with Boar's Head Turkey, Ham, and Cheese, Dressing, Bread, and Milk

Lunch Price \$3.60
 Village Fresh Choice \$4.35



A Complete Meal Includes:

TRIP TO THE FARM STAND

Entrée w/ Protein/Grain
 Fresh Seasonal Fruits & Vegetables
 Choice of Hormone-Free Milk, Juice, or Water

Questions? Please contact the Food Service Director, Diane Gerstner, at 973-543-2505 x238 or dgerstner@mendhamtpw.org

Allergy Questions? Please contact Registered Dietitian, Toni Bowman, RDN, at 973-870-0100 x303 or dietitian@pomptonian.com





OCTOBER 2018

MENDHAM TOWNSHIP Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 • Homemade Baked Ziti w/ Garlic Bread • Chicken Tenderloin Strips w/ Dipping Sauce	2 • Taco Tuesday: Seasoned Turkey Taco Meat w/ Cheese, Salsa & Sour Cream • Potato & Cheese Pierogies w/ Sour Cream	3 • Wild Wing Wednesday: Assorted Chicken Wings & Sauces • Rigatoni w/ Fresh Tomato, Basil & Mozzarella Cheese	4 • Meatball Parmesan Sub • Popcorn Chicken w/ Dipping Sauce	5 • Dante's Pizza • Fresh Garden Salad • Assorted Wraps
8 COLUMBUS DAY SCHOOL CLOSED	9 • Pepperoni Stromboli • Spaghetti & Meatballs w/ Marinara Sauce	10 • Assorted Grilled Cheese Sandwiches • Chicken & Cheddar Cheese Quesadilla • Tomato Soup	11 • Pancakes w/ Sausage & Hash Brown • Veggie Lo Mein	12 • Dante's Pizza • Roasted Vegetable Wrap w/ Melted Mozzarella Cheese & Garlic Basil Dressing
15 • Chicken Nuggets w/ Dipping Sauce • Cheese Ravioli w/ Marinara Sauce & Garlic Bread	16 • Mozzarella Sticks w/ Marinara Sauce • Assorted Homemade Paninis	17 • Chicken Parmesan w/ a side of Fettuccine • Homemade Baked Macaroni & Cheese	18 • Waffles w/ Turkey Bacon & Hash Brown • General Tso's Chicken over Brown Rice	19 • Dante's Pizza • Buffalo Chicken Wrap w/ Ranch Dressing
National School Lunch Week				
22 • Sweet & Sour Chicken w/ Brown Rice • Cheeseburger Sliders w/ Chipotle Sauce	23 • French Toast Sticks w/ Sausage & Tater Tots • Chicken Caesar Salad Wrap	24 • Baked Chicken Wings (Hot or Mild) • Homemade Baked Ziti w/ Italian Bread	25 • Chicken Tenderloin Strips w/ Dipping Sauce • Spicy Chicken & Cheddar Cheese Wrap	26 • Dante's Pizza • Grilled Chicken & Cheese on a Kaiser Roll
29 • Pancakes w/ Sausage & Hash Brown • Popcorn Chicken	30 • Chicken & Broccoli w/ Veggie Fried Rice • Meatball Parmesan Sub	31 HALLOWEEN • Nachos Grande w/ Seasoned Turkey Taco Meat, Cheese, Salsa & Sour Cream • Fettuccini Alfredo		

- AVAILABLE DAILY**
- All-White Meat Chicken Fillet Sandwich
 - Spicy All-White Meat Chicken Fillet Sandwich
 - All-White Meat Crispy Chicken Fillet Sandwich
 - Homemade Burgers
 - Homemade Beef Sliders
 - Grilled Cheese on Whole Wheat Bread
 - Homemade Yogurt Parfaits
 - Assorted Boar's Head Sandwiches and Wraps
 - Boar's Head Traditional Chef's Salad
 - Freshly Made Salads
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A Complete Meal Includes:
TRIP TO THE FARM STAND
 Entrée w/ Protein/Grain
 Fresh Seasonal Fruits & Vegetables
 1% Low-Fat, Non-Fat Chocolate, Fat-Free Milk

Questions? Please contact the Food Service Director, Diane Gerstner, at 973-543-2505 x238 or dgerstner@mendhamtpw.org



OCTOBER 2018

Mendham Township Preschool Menu



POMPTONIAN
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 *All White Meat Chicken Tenders Steamed Corn Fresh Fruit Snack Sliced Peaches Teddy Grahams	2 Tacos w/ Seasoned Turkey Meat & Cheese & Salsa Green Beans Apple Slices Snack Orange Smiles Teddy Grahams	3 *All-Beef Hot Dog on a Wheat Bun Baked Beans Fruit Cup Snack Diced Pears Teddy Grahams	4 Whole Grain Pancakes Turkey Bacon Baked Potato Smiles Applesauce Snack Fresh Fruit Teddy Grahams	5 *Dante's Pizza Garden Salad Apple Slices Snack Chilled Fruit Teddy Grahams
8 Columbus Day School Closed	9 *All-Beef Burger on a Whole Wheat Bun Green Beans Orange Smiles Snack Fruit Cup Popcorn	10 Homemade French Toast w/ Turkey Bacon Hash Brown Snack Sliced Peaches Popcorn	11 Baked Ravioli w/ Marinara Sauce Peas & Carrots Fresh Fruit Snack Baby Carrots Popcorn	12 *Dante's Pizza Garden Salad Orange Smiles Snack Pineapple Cup Popcorn
15 *Nachos Grande Corn Apple Slices Snack Diced Pears Mini Pretzels	16 Baked Stuffed Shells Green Beans Orange Smiles Snack Cantaloupe Cup Mini Pretzels	17 Waffle Squares w/ Tater Tots Mixed Veggies Applesauce Snack Banana Mini Pretzels	18 Grilled Cheese on Wheat Bread Steamed Veggies Pineapple Cup Snack Veggie Cup w/ Dip Mini Pretzels	19 *Dante's Pizza Garden Salad Sliced Peaches Snack Fruit Cup Mini Pretzels
22 *Turkey Burger on a Whole Wheat Roll Green Beans Apple Slices Snack Sliced Peaches Popcorn	23 Whole Grain Pancakes Sausage Patty Tater Tots Fruit Cup Snack Baby Carrots Popcorn	24 *All-Beef Hot Dog on a Wheat Bun Mixed Veggies Fresh Fruit Cup Snack Baby Carrots Popcorn	25 Mozzarella Sticks Steamed Carrots Fresh Fruit Snack Apple Slices Popcorn	26 *Dante's Pizza Garden Salad Orange Smiles Snack Banana Popcorn
29 Homemade Baked Macaroni & Cheese Peas & Carrots Fresh Fruit Snack Fruit Cup Teddy Grahams	30 French Toast Sticks w/ Turkey Bacon Green Beans Apple Slices Snack Diced Pears Teddy Grahams	31 Cheeseburger Sliders Steamed Corn Fruit Cup Snack Orange Smiles Teddy Grahams Happy Halloween		

Please notify us if your student has any food-related allergies.
Lunch is served with milk or juice, snack is served with milk or water.
Menu Items Marked with an Asterisk are egg free.

Your comments are important to us. Please email us at comments@pomptonian.com

Your Food Service Director is Diane Gerstner.
Contact her @ 973-543-2505 x238
or dgerstner@mendhamtwp.org



Mendham Township Food Service Menu Specifications:

Minimum Procurement & Meal Preparation Standards

Dairy Products	Grade A
Fresh Eggs	USDA Grade A
Frozen Eggs	Must be USDA inspected
Milk	Pasteurized Grade A, Hormone Free
Fruit/Fruit Juice	All fruit servings, including 100% fruit juice must be a minimum of 1/2 cup. Fresh fruit must be offered daily at all meal periods. This may be in conjunction with canned fruit. Local and/or Jersey Fresh when available.
Vegetable	A minimum of two, 1/2 cup creditable servings of vegetables should be offered daily at all levels. One of the daily vegetable offerings at all levels must be a garden salad served in 1-cup portions to constitute a full 1/2 cup vegetable component. Local and/or Jersey Fresh when available.
Canned Fruits or Vegetables	USDA Grade A Choice or Fancy, light syrup or natural juice
Fresh Fruits and Vegetables	USDA No. 1 Grade Fancy, Local and/or Jersey Fresh when available.
Frozen Fruits or Vegetables	US Grade A Choice or Better
Breads, Rolls and Wraps	Delivered Fresh Daily
Bagels, Bakery Fresh	Delivered Fresh Daily
Beef	USDA Grade Choice or better, 80/20.
Poultry	USDA Grade A
Pork	USDA Grade A, Boar's Head Boiled Ham, Cooked, 97% Fat Free
Turkey	USDA, Grade A, Boar's Head Turkey Breast, whole muscle, no artificial ingredients, both refrigerated, never frozen.
Deli Meat Specifications	Elementary and Secondary Schools deli sandwiches and entrée salads must contain a minimum of 3oz meat/meat alternate Middle Schools deli sandwiches and entrée salads must contain a minimum of 3oz meat/meat alternate and are to be considered entrée at the regular student selling price of a lunch meal.
Deli Meat Variety	Elementary and Intermediate School must feature daily at a minimum: <ul style="list-style-type: none"> • 3 pre-made deli sandwiches of Boar's Head Turkey Breast, Ham, and an Italian Hero with or without Cheese. • 1 entrée salad varieties (Chef, Chicken Caesar, Grilled Chicken Salad etc.) <p>The minimum daily deli/salad bar options are as follows:</p> <ul style="list-style-type: none"> • 4 sandwich/salad toppings (vegetables, fruits, etc.) • 4 condiments/dressings
Chicken Specs	USDA Grade A All Grade Levels served chicken offerings (all varieties) must contain a minimum of 2oz meat equivalent

	chicken breasts and chicken fillets must contain a minimum of 2oz meat equivalent; chicken tenders, boneless wings, pieces, and the like, must contain a minimum of 2oz meat equivalent. All products whole muscle chicken.
Pizza Variety	Middle Schools must offer a daily pizza station of at least two varieties: Traditional pizza, not whole grain. Elementary only one day a week <ul style="list-style-type: none"> • Cheese • Meat • Specialty
Seafood	Top Grade, frozen fish must be a nationally distributed brand,packed under continuous inspection of USDA
Staple Groceries Condiments, PC's	To be of a level commensurate with previous listed standards 2 must be offered per student, all grade levels (all varieties_ 1.5 oz Cups, Ken's: Honey Mustard, Caesar, Italian, and French Dressings, 1oz Cups Hidden Valley Ranch Dressing, 1oz Cups Bull's Eye Bar B Q Sauce
Theme Meal Specs	Theme Meals must be offered at all grade levels Fresh Pasta at the Elementary School. Middle school is offered Sushi station and Pasta Station. Theme Meals must be advertised and promoted, via announcements, postings, eblast:
Pre Order Meals, Online	Not offered

Serving Time

District: Mendham Township

Mendham Township Middle School

11:20-11:35 – Lunch 1

11:35-11:54 – Lunch 2

11:54-12:10 – Lunch 3

12:10-12:30 – Lunch 4

Mendham Township Elementary

11:50-12:14 – Lunch 1

12:15-12:35 – Lunch 2

12:35-1:00 – Lunch 3

1:00-1:22 – Lunch 4

MENDHAM TOWNSHIP SCHOOL DISTRICT
MIDDLE SCHOOL
2019-2020

Student Lunch	\$ 3.85
Student Village Fresh Lunch	4.45
Student Boar's Head Lunch.....	4.45
Faculty Lunch	4.35
Faculty Village Fresh/ Boar's Head Lunch.....	4.95

(Lunch meals include the entree of choice, vegetable, fruit, and 8 oz. milk or water bottle)

ENTREE (a la carte):

Hot Entree	\$3.30
Hot Sandwich.....	3.30

DELI CENTRAL (a la carte):

Deli Salad (Tuna, Egg, Chicken)	
Wrap or Sandwich.....	3.30
Boar's Head Deli Wrap or Sandwich	4.10

VILLAGE FRESH CHOICE (a la carte):

Village Fresh/Featured Favorite Entree.....	4.10
(All White Meat Chicken: Boneless Wings, Filet or Tenders)	

FRESH FARMSTAND (a la carte):

Deli Salad (Tuna, Egg, Chicken)	
over Mixed Greens.....	3.30
Boar's Head Deli over Mixed Greens	
(premade)	4.10

SOUP/BREADS:

Premium Homemade Soup, bowl.	1.90
Bagel w/Butter	1.70
Bagel w/ Cream Cheese	2.00

SIDES:

Vegetable.....	\$1.00
Potato	1.50

SNACK SHACK:

Freshly Baked Cookie, small.....	50
Jumbo Cookie.....	85
Fresh Fruit	95
Fruit Cup, 4 oz	95
Hot Pretzel	1.00
Baked Snacks/Chips.....	1.00
Fruit Snacks.....	1.25
Premium Snack	1.50
Frozen Yogurt	2.05
Yogurt Parfait.....	2.50
Fruit Cup, 12 oz	3.15

BEVERAGE:

Milk, Plastic Bottles, 8 oz.....	60
Spring Water, 8 oz	90
Spring Water, 16 oz	1.25
Canned Juice.....	1.25
Switch.....	1.75

**MENDHAM TOWNSHIP SCHOOL DISTRICT
ELEMENTARY
2019-2020**

Elem. Student Lunch	\$3.80
Elem. Village Fresh Lunch	4.45
Elem. Faculty Lunch.....	4.35
Elem. Faculty Village Fresh Lunch	4.95

A LA CARTE ENTREES:

Hot Entree	\$3.30
Deli Salad (Tuna, Egg, Chicken)	
Sandwich/Wrap	3.30
Village Fresh Entree (A la Carte)	4.10
Boar's Head Deli Wrap or Sandwich	4.10
Village Fresh/Featured Favorite Entree	4.10
<small>(All White Meat Chicken: Boneless Wings, Filet or Tenders)</small>	

SALADS:

Deli Salad (Tuna, Egg, Chicken) over Mixed Greens	3.30
Boar's Head Deli over Mixed Greens (premade)	4.10

SIDES:

Vegetable.....	1.00
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SOUP/BREADS:

Soup, Bowl.	1.90
Bagel w/Butter.....	1.70
Bagel w/ Cream Cheese	2.00

SNACKS:

Freshly Baked Cookie, small	50
Fresh Fruit	95
Fruit Cup	95
Hot Pretzel.....	1.00
Baked Snacks/Chips.....	1.00
Ice Cream	1.00
Premium Snack	1.50
Yogurt Parfait.....	2.50

BEVERAGE:

Milk, Plastic Bottle, 8 oz.....	60
Juice, 4 oz.....	75
Spring Water, 8 oz	90
Spring Water, 16 oz.....	1.25

"This institution is an equal
opportunity provider"