



MARCH 2019 MENDHAM TOWNSHIP Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Locally Grown Onions



Locally Grown Empire Apples

March is National Nutrition Month



- Dante's Pizza Caprese (Mozzarella Cheese, Tomato & Basil) on Italian Bread

<p>4</p> <ul style="list-style-type: none"> • Nachos Grande w/ Turkey Taco Meat, Cheese, Salsa & Sour Cream • Homemade Chicken Caesar Salad Wrap • Seasoned Corn <p>National School Breakfast Week – I Love School Breakfast</p>	<p>5</p> <ul style="list-style-type: none"> • Baked Stuffed Shells w/ Marinara Sauce • All-White Meat Chicken Fillet Sandwich • Green Beans 	<p>6</p> <ul style="list-style-type: none"> • All White Meat Chicken Nuggets w/ Dipping Sauce • Penne Pasta w/ Meatballs & Marinara Sauce • Mixed Veggies • DELAYED OPENING 	<p>7</p> <p>PARENT TEACHER CONFERENCES EARLY DISMISSAL NO LUNCH SERVED</p>	<p>8</p> <p>PARENT TEACHER CONFERENCES EARLY DISMISSAL NO LUNCH SERVED</p>
<p>11</p> <ul style="list-style-type: none"> • Turkey Burger on a Whole Wheat Bun • Assorted Wraps: Choose from Grilled Chicken, Chicken Caesar & Grilled Vegetable 	<p>12</p> <ul style="list-style-type: none"> • Whole Grain Pancakes w/ a Sausage Patty • 100% All-Beef Burger on a Whole Wheat Bun • Tater Tots 	<p>13</p> <ul style="list-style-type: none"> • Baked Ravioli w/ Marinara Sauce • All-Beef Hot Dog on a Whole Wheat Bun • Steamed Broccoli 	<p>14</p> <ul style="list-style-type: none"> • Sampler Platter w/ Mozzarella Sticks & Chicken Wings • Cheese Quesadilla • Steamed Carrots 	<p>15</p> <ul style="list-style-type: none"> • Dante's Pizza • Homemade Yogurt Parfait • Garden Salad
<p>18</p> <ul style="list-style-type: none"> • Baked Macaroni & Cheese • All-White Meat Chicken Fillet Sandwich • Peas & Carrots 	<p>19</p> <ul style="list-style-type: none"> • Meatballs & Marinara Sauce on Italian Bread • General Tso's Chicken over Brown Rice • Green Beans 	<p>20</p> <ul style="list-style-type: none"> • Cheeseburger Sliders w/ Chipotle Sauce • Chicken Parmesan Panini • Mixed Veggies 	<p>21</p> <ul style="list-style-type: none"> • Chicken Fajita Pita • French Toast Sticks w/ Turkey Bacon • Hash Browns 	<p>22</p> <ul style="list-style-type: none"> • Dante's Pizza • Grilled Balsamic Vegetable Panini w/ Mozzarella Cheese
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>

Happy Spring Break

AVAILABLE DAILY

- Assorted Fresh Boar's Head Sandwiches & Wraps
- Bagel Lunch: Bagel (with or without Cream Cheese), Cheese Cubes, Pure Fruit Juice & Fruit
- Chef's Bowl: Garden Salad with Boar's Head Turkey, Ham & Cheese, Dressing, Bread & Milk
- Freshly Made Salads
- Homemade Soup



Lunch Price \$3.60
Village Fresh Choice \$4.35

A Complete Meal Includes:

- Entrée w/ Protein/Grain
- Fresh Seasonal Fruits & Vegetables
- Choice of Hormone-Free Milk, Juice, or Water

Questions? Please contact the Food Service Director, Diane Gerstner, at 973-543-2505 x220 or dgerstner@mendhamtpw.org

Allergy Questions? Please contact Registered Dietitian, Toni Bowman, RDN, at 973-870-0100 x303 or dietitian@pomptonian.com



Fruits & vegetables from The Farm Stand are included with lunch.