

**MENDHAM TOWNSHIP SCHOOLS  
PHYSICAL EXAMINATION/IMMUNIZATION RECORD**

Child's name (last) \_\_\_\_\_ (first) \_\_\_\_\_ B.D. \_\_\_\_\_ Sex \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Date Of Examination \_\_\_\_\_

**CHECK IF THERE IS A PROBLEM/ABNORMALITY**

Nose \_\_\_\_\_ Spine \_\_\_\_\_ Lungs Vision Glasses  
 Throat \_\_\_\_\_ Chest \_\_\_\_\_ Gums/teeth \_\_\_\_\_ near \_\_\_\_\_ yes \_\_\_\_\_  
 Abdomen \_\_\_\_\_ Genitals \_\_\_\_\_ Glands \_\_\_\_\_ far \_\_\_\_\_ no \_\_\_\_\_ Feet \_\_\_\_\_ Skin  
 Nutrition \_\_\_\_\_ Hearing \_\_\_\_\_  
 Blood pressure \_\_\_\_\_ Heart \_\_\_\_\_ right \_\_\_\_\_  
 Healthy child? Yes \_\_\_\_\_ No \_\_\_\_\_ left \_\_\_\_\_  
 Allergies \_\_\_\_\_  
 Required Daily Medications \_\_\_\_\_  
 Special Problems/Physical Restrictions \_\_\_\_\_  
**Student may participate fully in all school programs including Physical Ed.** \_\_\_\_\_

<b>IMMUNIZATIONS</b>	<b>DATES</b>	<b>IMMUNIZATIONS</b>	<b>DATES</b>
*DPT 1	_____	POLIO—(OPV) OR(IPV)	
*DPT 2	_____		
*DPT 3	_____	*1 _____	_____
*DPT/DTaP 4	_____	*2 _____	_____
*DTP/DTaP 5	_____	*3 _____	_____
(on or after 4 <sup>th</sup> birthday)		*4 _____	_____
		(On or after 4 <sup>th</sup> birthday)	
Tdap	_____		
(On or after 11 <sup>th</sup> birthday)			
MMR# 1	_____		
*(on or after first birthday)		* HIB _____	2 _____ 3 _____
MMR# 2	_____		4 _____ 5 _____
*(on or after fourth birthday)		*Varicella	#1 _____ #2 _____
Tuberculin Test:			
(Type) Mantoux _____ Tine _____		* HBV	
(result) _____		#1 _____ #2 _____ #3 _____	
Meningococcal _____		Pneumococcal _____	
(Entering Grade 6)			
Hepatitis A _____			
*			

\_\_\_\_\_  
**Physicians signature**  
**See school nurse for medical or religious exemptions**

NAME: \_\_\_\_\_ (To be filled out by parent)

**CHILD'S HEALTH HISTORY**

**PRENATAL AND BIRTH HISTORY**

Problems during pregnancy \_\_\_\_\_ Full term? \_\_\_\_\_  
Length of labor \_\_\_\_\_ Type of delivery: normal, forceps, caesarean  
Condition at birth: normal \_\_\_\_\_ jaundiced \_\_\_\_\_, cyanotic \_\_\_\_\_  
Birth weight \_\_\_\_\_

**DEVELOPMENTAL HISTORY:** Please record any developmental problems (i.e. delayed speech, poor coordination)

\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY:** Please check and include dates if possible.

Communicable diseases: Chicken pox \_\_\_\_\_ Scarlet fever \_\_\_\_\_  
Measles \_\_\_\_\_ Mumps \_\_\_\_\_  
Other Illnesses: Strep infections \_\_\_\_\_, Tonsillitis \_\_\_\_\_, Lyme Disease \_\_\_\_\_  
Frequent colds \_\_\_\_\_, ear infections \_\_\_\_\_, other \_\_\_\_\_  
Surgical procedures: \_\_\_\_\_

Injuries: (i.e. fractures concussions) \_\_\_\_\_  
Physical limitations: \_\_\_\_\_  
Allergies: \_\_\_\_\_  
Deficiencies: Vision \_\_\_\_\_, Hearing \_\_\_\_\_, Speech \_\_\_\_\_  
Eyes examined by an eye specialist? \_\_\_\_\_ If so, when \_\_\_\_\_  
Wearing glasses? \_\_\_\_\_  
Date of most recent dental check-up \_\_\_\_\_ Dentist Name \_\_\_\_\_

**HEALTH HABITS:** Please check any that cause parental concern:

Elimination \_\_\_\_\_, Bedwetting \_\_\_\_\_ Diet \_\_\_\_\_ Appetite \_\_\_\_\_  
Fears \_\_\_\_\_ Peer relations \_\_\_\_\_  
Sibling rivalry \_\_\_\_\_ Temper tantrums \_\_\_\_\_  
Sleep \_\_\_\_\_ Other \_\_\_\_\_  
Indicate # of hours sleep averaged per night \_\_\_\_\_

**MEDICATIONS:** Does your child take daily medications? \_\_\_\_\_

If so, please list: \_\_\_\_\_  
*I give the school nurse permission to share pertinent health information with other essential staff members when it is necessary to assist in meeting the health and educational needs of my child.*

Signature of Parent or Guardian: \_\_\_\_\_