

JANUARY 2019 MENDHAM TOWNSHIP Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Local Granny Smith Apples</p>		<ul style="list-style-type: none"> All-Beef Hot Dog on a Wheat Bun All-White Meat Chicken Nuggets w/ Dipping Sauce Baked Beans 	<ul style="list-style-type: none"> Whole Grain Pancakes w/ Turkey Bacon & Tater Tots Macaroni & Cheese Bowl w/ Assorted Toppings 	<ul style="list-style-type: none"> Dante's Pizza Homemade Yogurt Parfait Garden Salad
<ul style="list-style-type: none"> Baked Ravioli w/ Marinara Sauce Popcorn Chicken w/ Dipping Sauce Steamed Broccoli 	<ul style="list-style-type: none"> 100% All-Beef Burger on a Whole Wheat Bun Penne Pasta w/ Marinara Sauce Peas & Carrots 	<ul style="list-style-type: none"> Pizza Quesadilla w/ Salsa French Toast Sticks w/Turkey Bacon & Hash Browns Applesauce 	<ul style="list-style-type: none"> Turkey Burger Sliders All-White Meat Chicken Tenders w/ Dipping Sauce Green Beans 	<ul style="list-style-type: none"> Dante's Pizza Caprese Sandwich: Mozzarella Cheese, Tomato & Basil on Italian Bread Tossed Salad
<ul style="list-style-type: none"> Nachos Grande w/ Turkey Taco Meat, Cheese, Salsa & Sour Cream Homemade Chicken Caesar Salad Wrap Seasoned Corn 	<ul style="list-style-type: none"> Baked Stuffed Shells w/ Marinara Sauce All-White Meat Chicken Fillet Sandwich w/ Cheese on a Kaiser Roll Steamed Carrots 	<ul style="list-style-type: none"> Whole Grain Popcorn Chicken Bites w/ Dipping Sauce Chili in a Bread Bowl Mixed Veggies 	<ul style="list-style-type: none"> Grilled Cheese Sandwich on Texas Toast Waffle Squares w/ Turkey Bacon & Tater Tots Steamed Broccoli 	<ul style="list-style-type: none"> Dante's Pizza Homemade Yogurt Parfait Garden Salad
 <p>SCHOOL CLOSED</p>	<ul style="list-style-type: none"> Whole Grain Pancakes w/ a Sausage Patty Turkey Burger w/ Cheese on a Whole Wheat Roll Green Beans 	<ul style="list-style-type: none"> Penne Pasta w/ Marinara Sauce & Parmesan Cheese All Beef Hot Dog on a Whole Wheat Bun Seasoned Corn 	<ul style="list-style-type: none"> Mozzarella Sticks w/ Marinara Sauce All-White Meat Chicken Tenders Steamed Carrots 	<ul style="list-style-type: none"> Dante's Pizza Homemade Yogurt Parfait Tossed Salad
<ul style="list-style-type: none"> Baked Macaroni & Cheese Cheeseburger Sliders w/ Curly Fries Peas & Carrots 	<p>National Puzzle Day</p> <ul style="list-style-type: none"> Meatballs & Marinara Sauce on Italian Bread Chicken Nuggets w/ Dipping Sauce Mixed Veggies 	<ul style="list-style-type: none"> Nachos Grande w/ Seasoned Turkey Taco Meat, Cheese, Salsa & Sour Cream Homemade Chicken Caesar Salad Wrap Steamed Corn 	<ul style="list-style-type: none"> Chicken Fajita Pita French Toast Sticks w/ Turkey Bacon Hash Browns Mixed Veggies 	 <p>Local Sweet Potatoes</p>

AVAILABLE DAILY

- Assorted Fresh Boar's Head Sandwiches & Wraps
- Bagel Lunch: Bagel (with or without Cream Cheese), Cheese Cubes, Pure Fruit Juice & Fruit
- Chef's Bowl: Garden Salad with Boar's Head Turkey, Ham & Cheese, Dressing, Bread & Milk

Lunch Price \$3.60
Village Fresh Choice \$4.35




A Complete Meal Includes:

- Entrée w/ Protein/Grain
- Fresh Seasonal Fruits & Vegetables
- Choice of Hormone-Free Milk, Juice, or Water

Questions? Please contact the Food Service Director, Diane Gerstner, at 973-543-2505 x220 or dgerstner@mendhamtp.org

Allergy Questions? Please contact Registered Dietitian, Toni Bowman, RDN, at 973-870-0100 x303 or dietitian@pomptonian.com