

MENDHAM TOWNSHIP ELEMENTARY SCHOOL

OFFICE OF THE PRINCIPAL

*Ms. Julianne Kotcho*



Kindergarten 2020-2021 School Year

Registration is underway for the 2020-2021 school year. Prospective Kindergarten students must turn 5 on or before October 1, 2020.

**Medical requirements for Kindergarten students:**

- 1) **Physical Exam Form (within prior year of starting the program)** (for Doctor clearance and any medical considerations/exceptions)
- 2) **Child's Health History Form** (filled out by parent)
- 3) **Immunization Documentation** (Minimum immunizations required by the State prior to starting):
  - DTap** - any child entering Pre-K needs a minimum of 4 doses
  - Polio** – minimum 3 doses
  - Measles/Mumps/Rubella** – any child > 15 mo. entering Pre-K needs 1 dose live vaccine
  - Varicella** – 1 dose or parent verification of having Varicella disease acceptable
  - Haemophilus Influenzae B (HIB)** -3 doses
  - Pneumococcal** – 3 doses
  - Influenza** – 1 dose annually (between September 1 and December 31) for students <5 yrs.
- 4) **Emergency Card completed with physician/medical group name**  
(Sign consent and check off if your student may or may not have Tylenol or Advil.)
- 5) **Physician orders for any medications to be taken in school**  
The School Nurse may not give any prescription medication without a doctor's order.
- 6) **Asthma and/or Allergy Action Plans and Medication Form**
- 7) **Epi Pen and Inhalers** must be in the original container, labeled with the student's name and the expiration date current.

*If you have any questions or to deliver and discuss any of these points, please contact me. I look forward to getting to know you and your child in the year to come.*

Sincerely,  
*Katelyn Saffko, RN*  
*MES School Nurse*

**MENDHAM TOWNSHIP SCHOOLS  
PHYSICAL EXAMINATION/IMMUNIZATION RECORD**

Child's name (last) \_\_\_\_\_ (first) \_\_\_\_\_ B.D. \_\_\_\_\_ Sex \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Date Of Examination \_\_\_\_\_

**CHECK IF THERE IS A PROBLEM/ABNORMALITY**

Nose \_\_\_\_\_ Spine \_\_\_\_\_ Lungs \_\_\_\_\_ Vision \_\_\_\_\_ Glasses \_\_\_\_\_  
 Throat \_\_\_\_\_ Chest \_\_\_\_\_ Gums/teeth \_\_\_\_\_ near \_\_\_\_\_ yes \_\_\_\_\_  
 Abdomen \_\_\_\_\_ Genitals \_\_\_\_\_ Glands \_\_\_\_\_ far \_\_\_\_\_ no \_\_\_\_\_ Feet \_\_\_\_\_ Skin \_\_\_\_\_  
 Nutrition \_\_\_\_\_ Hearing \_\_\_\_\_  
 Blood pressure \_\_\_\_\_ Heart \_\_\_\_\_ right \_\_\_\_\_  
 Healthy child? Yes \_\_\_\_\_ No \_\_\_\_\_ left \_\_\_\_\_  
 Allergies \_\_\_\_\_  
 Required Daily Medications \_\_\_\_\_  
 Special Problems/Physical Restrictions \_\_\_\_\_

Student may participate fully in all school programs including Physical Ed. \_\_\_\_\_

**IMMUNIZATIONS                      DATES                      IMMUNIZATIONS                      DATES**

*DPT 1	_____	POLIO—(OPV) OR(IPV)	
*DPT 2	_____	(TYPE)	
*DPT 3	_____	*1 _____	_____
*DPT 4	_____	*2 _____	_____
*DPT/DTaP 4	_____	*3 _____	_____
*DTP/DTaP 5	_____	*4 _____	_____
(on or after 4 <sup>th</sup> birthday)		(On or after 4 <sup>th</sup> birthday)	
MMR# 1	_____	* HIB _____ 2 _____ 3 _____	
*(on or after first birthday)		4 _____ 5 _____	
MMR# 2	_____	*Varicella #1 _____ #2 _____	
*(on or after fourth birthday)			
Tuberculin Test:		* HBV	
(Type) Mantoux _____ Tine _____		#1 _____ #2 _____ #3 _____	
(result) _____			
Meningococcal _____		Pneumococcal _____	
_____		_____	
Hepatitis A _____			

\* \_\_\_\_\_  
 \_\_\_\_\_  
 Physicians signature

**\*REQUIRED BY NJ STATE LAW TO ENTER KINDERGARTEN**  
*See school nurse for medical or religious exemptions*

NAME \_\_\_\_\_ (To be filled out by parent)

**CHILD'S HEALTH HISTORY**

**PRENATAL AND BIRTH HISTORY**

Problems during pregnancy \_\_\_\_\_ Full term? \_\_\_\_\_  
Length of labor \_\_\_\_\_ Type of delivery: normal, forceps, caesarean  
Condition at birth: normal \_\_\_\_\_ jaundiced \_\_\_\_\_, cyanotic \_\_\_\_\_  
Birth weight \_\_\_\_\_

**DEVELOPMENTAL HISTORY:** Please record any developmental problems (i.e. delayed speech, poor coordination)

**MEDICAL HISTORY:** Please check and include dates if possible.

Communicable diseases: Chicken pox \_\_\_\_\_ Scarlet fever \_\_\_\_\_  
Measles \_\_\_\_\_ Mumps \_\_\_\_\_  
Other Illnesses: Strep infections \_\_\_\_\_, Tonsillitis \_\_\_\_\_, Lyme Disease \_\_\_\_\_  
Frequent colds \_\_\_\_\_, ear infections \_\_\_\_\_, other \_\_\_\_\_  
Surgical procedures: \_\_\_\_\_

Injuries: (i.e. fractures concussions) \_\_\_\_\_

Physical limitations: \_\_\_\_\_

Allergies: \_\_\_\_\_

Deficiencies: Vision \_\_\_\_\_, Hearing \_\_\_\_\_, Speech \_\_\_\_\_

Eyes examined by an eye specialist? \_\_\_\_\_ If so, when \_\_\_\_\_

Wearing glasses? \_\_\_\_\_

Date of most recent dental check-up \_\_\_\_\_ Dentist Name \_\_\_\_\_

**HEALTH HABITS:** Please check any that cause parental concern:

Elimination \_\_\_\_\_, Bedwetting \_\_\_\_\_ Diet \_\_\_\_\_ Appetite \_\_\_\_\_

Fears \_\_\_\_\_ Peer relations \_\_\_\_\_

Sibling rivalry \_\_\_\_\_ Temper tantrums \_\_\_\_\_

Sleep \_\_\_\_\_ Other \_\_\_\_\_

Indicate # of hours sleep averaged per night \_\_\_\_\_

**MEDICATIONS:** Does your child take daily medications? \_\_\_\_\_

If so, please list: \_\_\_\_\_

I give the school nurse permission to share pertinent health information with other essential staff members when it is necessary to assist in meeting the health and educational needs of my child.

Signature of Parent or Guardian \_\_\_\_\_