

This fun, games oriented unit incorporates movement skills, team building, and problem solving and stresses cooperation, respect for self and others, good communications skills and conflict resolution. Activities include Frogs and Ants, Popcorn, chicken Baseball, Monarch Tag, Triangle Tag, Snipes and Snores, Blob tag, Pairs Tag, Moonball, Group Juggle, Instigator, Object Transport, Rob the Nest/ Share the Wealth, Clothespin Tag, Octopus Tag, Hit the Pin, Go-Bots on the Loose, Maple Hill, Pass and Shoot, and Ultimate Handball.

Essential Questions	Skills	NJCCCS	Assessment	Resources
<p>Why are cooperation and listening essential in achieving group success?</p> <p>Why is effective communication necessary in problem solving?</p> <p>How do team building activities develop confidence and self esteem?</p>	<ul style="list-style-type: none"> • Active Listening • Cooperation • Good Sportsmanship • Respect for student ideas, opinions and varied skill levels. • Following directions, rules, and safe play. 	<p>2.5.6.B.1 B.2</p> <p>2.5.6.C.1 C.2</p> <p>2.6.6.A.1</p>	<p>Group debriefing</p> <p>Teacher observation</p> <p>Hellison’s Level of Responsibility Chart</p>	<p><i>Teaching Middle School Physical Education</i> Bonnie Mohnsen</p> <p><i>Adventure Curriculum for Physical Education Elementary School</i> Jan Panicucci</p> <p><i>Teaching Responsibility through Physical Activity</i> Don Hellison</p> <p><i>Changing Kids Games</i> Morris/Steihl</p> <p>Various internet resources including but not limited to:</p> <p>PE Central AAHPERD NJAHPERD NASPE</p>