
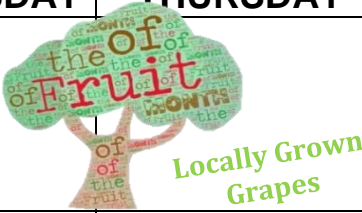




# SEPTEMBER MENDHAM TOWNSHIP ELEMENTARY SCHOOL 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
	<b>First Day of School</b> Chicken Nuggets with Cheesy Mashed Potatoes OR Plant Base Chicken Nuggets with Cheesy Mashed Potatoes	Boneless BBQ Rib on a Bun <b>OR</b> Vanilla Yogurt Parfait with Fresh Strawberries	* Breaded Chicken Fillet on a Bun <b>OR</b> Hot Dog on a Bun	Dante's Pizza Cucumber Slices with Dip
Mandrin Orange Chicken Bits over Veggie Fried Rice <b>OR</b> Pancake Pouch with Syrup and Yogurt	Bacon Cheese Burger with Lettuce and Tomato on the side with Choice of special Sauce <b>OR</b> Boars Head Turkey and Cheese Hero	Baked Macaroni & Cheese w/ a Dinner Roll <b>OR</b> Frank's Hot Chicken Bits over Mac and Cheese	French Toast Sticks w/ Syrup with Yogurt Cup <b>OR</b> Chicken Caser Salad with Breaded Chicken Bits and Fresh Parm Cheese	Dante's Pizza Garden Tossed Salad with Cherry Tomatoes
Cheese Ravioli with Garlic Bread <b>OR</b> Vanilla Yogurt Parfait with Fresh Strawberries and Blueberries	*Popcorn Chicken Bowl w/ Mashed Potatoes & Corn, Cheese and Biscuit <b>OR</b> Cobb Salad with Ranch Dressing	Chicken Nuggets with Cheesy Potatoes and Mixed Vegetables <b>OR</b> Ham and Cheese Hero	Pancakes Pouch w/ Yogurt Cup and Syrup <b>OR</b> Cheese Steak Hero with Tater Tots	Dante's Pizza Health Salad with Cucumbers and Cherry Tomatoes in Light Dressing
<b>Yom Kippur School Closed</b>	Soft Stuffed Tacos with Corn and Salsa and Sour Cream on the side <b>OR</b> Pasta with Choice of Sauce, Marinara, Meat or Butter with Garlic Bread	Breakfast Sampler Pancake, French Toast Wedges with Hot Apple Compote and Whip Cream <b>OR</b> Bento Box with Fresh Strawberries and Yogurt	Chicken Patty Breaded on a Roll Or Spicy Chicken Bread on a Roll	Dante's Pizza Caesar Salad Local Grapes

**Also Available Daily**

**Chef Vinny's Daily Special (See His Scratch Prep Menu!)**

**FOOD ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).



**A Complete Lunch Includes:**

Entrée (with Protein/Grain)

**Fresh Seasonal Fruits & Vegetables from The Farm Stand**

Choice of Hormone-Free Milk, or Water

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)