



Mendham Middle School


OCTOBER 2008




Lunch Menu



- WED 1 Sloppy Joe on a Bun*
OR Cheesy BLT Sandwich*
- THU 2 "Super Sampler" Chicken Nuggets+ Mozzarella Sticks*
OR 2X Cheese Steak Hero*
- FRI 3 **Dante's Pizza***
OR Grilled Chicken Caesar Salad w/Croutons*

- MON 6 Bacon Cheeseburger on a Bun*
OR Italian Sausage & Peppers*
- TUE 7 Chicken Fajita w/Peppers-Onions + Ranch Dressing*
OR Hot Turkey Sandwich w/ Gravy and Cranberry Sauce*
- WED 8 Nachos Grande*Turkey Taco Meat Tortilla Chips Cheese, Salsa
OR Fish Sticks* w/ Tartar Sauce
- THU 9 **"YOM KIPPUR"**
SCHOOL CLOSED
- FRI 10 "PIZZA FEST" French Bread-5" Rounds-Stuffed Crust *
OR Spicy Chicken Wrap* Lettuce and Tomato w/Ranch Dressing

- MON 13 **"COLUMBUS DAY"**
SCHOOL CLOSED
- TUE 14  Chicken Nuggets w/Macaroni Salad*
OR Open Faced Hot Roast Beef Sandwich*w/ Mashed Potatoes
- WED 15 Sloppy Joe on a Bun*
OR Pasta w/Meat Sauce & Garlic Bread*
- THU 16 Home Made Chili* over Rice
OR Chicken Quesada's* w/Salsa + Sour Cream
- FRI 17 **Dante's Pizza***
OR Grilled Chicken Caesar Salad w/Croutons*

- MON 20  "BALL PARK" Hot Dog*
OR Baked Potato Bar*
- TUE 21  Popcorn Chicken w/ Oven Fries*
OR Meatball Parm Hero*
- WED 22 Maxx Cheeseburger* on a Bun Lettuce and Tomato" Max Sauce"
OR  Buffalo Chicken Wings Hot and Mild w/Dinner Roll*
- THU 23 Chicken Lo Mien w/ Spring Roll*
OR Grilled Chicken Sandwich* w/Lettuce, Tomato
- FRI 24 "PIZZA FEST" French Bread-5" Rounds-Stuffed Crust *
OR Crispy Chicken Sandwich* Lettuce and Tomato

- MON 27 Chicken Stir Fry* w/ Rice
OR Honey Mustard Chicken Patty* on a Bun
- TUES 28 Mozzarella Sticks w/ Marinara Sauce & Bread*
OR Buffalo Chicken Wings **Hot** and Mild w/ Dinner Roll*
- WED 29 Macaroni and Cheese*
OR Bar-B-Q Rib Sandwich* on a Bun w/Potato Salad
- THUR 30 Homemade Meatloaf & Mashed Potato*
OR Chicken Patty Parmesan Hero*
- FRI 31 **Dante's Pizza***
OR Grilled Chicken Caesar Salad w/Croutons*

FEATURED FOOD OF THE MONTH



APPLES



Suppliers may make substitutions

A complete lunch includes entrée, bread
2 selections vegetable/fruit and milk selection

**PASTA AND SEMOLINA BREAD
SERVED DAILY**

Available Daily



Fresh Salad Bar
Featuring:
Assorted Fresh
Garden Vegetables
and Homemade
Salads



Variety of Deli Meats
Assorted Cheeses
Tuna Salad
Egg Salad
Yogurt
Fresh Fruit



Baked Chips
Pretzels
Beverages
Ice cream

Menu Subject to Change

Your comments are important to us.

Please email us at

comments@pomptonian.com

Your Food Service Director is Joe Conti
Contact him @ 973-543-2505 X238

* Indicates no nuts or nut allergens are in these entrees.