

MENDHAM TOWNSHIP MIDDLE SCHOOL
16 Washington Valley Road
Brookside, N.J. 07926

(973) 543-2505, ext.2

Fax (973) 543-0701

Dr. P.J. Ciccone
Principal

Mrs. Joyce Kierst, R.N.
Certified School Nurse

May 6, 2008

Dear Parent/Guardian:

In compliance with the rules and regulations of the N.J. Board of Education, Title 6, Chapter 29, any student interested in participating on a school athletic team is required to have a physical examination annually (every 365 days). Grade 5 students are **NOT** eligible to participate. As of October, 2002, based on state guidelines N.J.A.C. 6A:16-2.2(h) student athletic physicals are no longer being conducted by our school physician at school.

Enclosed you will find two state mandated Athletic Pre-participation medical forms. These forms may also be downloaded from our website. The Health History Questionnaire (Part A) is to be completed by a parent/guardian. The Athletic Pre-participation Physical Evaluation form (Part B) is to be completed by a physician. Any student planning to try out for **Fall** athletics (girls' or boys' soccer, field hockey and cross country) **must** submit evidence of a current physical documented on these forms. New Jersey state law also requires the school physician review and countersign all physicals done by private doctors before any student is allowed to try out.

Please return this form to Mrs. Kierst's attention by Tuesday, August 26, 2008. Your child will **not** be permitted to try out if the forms are not returned. These forms are used to complete try out "eligibility lists" for the coaches.

I check my mail and messages during the summer. If you have any questions, please leave me a message and I will return your call when I am at the Middle School.

Medical emergency cards will be distributed the first day of school and should be returned to the Health Office as quickly as possible. These cards are kept in the Health Office and are used for emergencies during school hours, as well as, during sports participation after school.

May each of you have a happy and healthy summer. I look forward to working with you and your children during the 2008-2009 school year.

Sincerely,

Joyce Kierst, R.N., M.S.N.

Certified School Nurse

